

# Are you interested in playing a high school sport this winter?

All current 7<sup>th</sup> and 8<sup>th</sup> graders interested in competing at the high school level in the Winter of 2017-18 must follow the **NYSED ATHLETIC PLACEMENT PROCESS (APP)** (formerly known as the Selection Classification Process)

The New York State Education Department voted to revise the Selection Classification program in September, 2015.

The biggest differences?

**OUT** are the broad jump, 1.5 mile run, arm hang and the 50 yd. dash. The test will now include; sit-ups, shuttle run, 1 mile run, pull-ups, sit & reach (flexibility).

### To pass the Fitness Component

Students must attain 85<sup>th</sup> percentile (from national norms for their age) in 4 of 5 tests.

The **tanner level** has been revised as well. In short, previously the highest tanner level student-athlete's needed to reach was a #4.

**SED has now created a Tanner #5;** to play at the varsity level a Tanner Level of #5 is now required in 17 boy's sports and 17 girl's sports.

*And a third change is that SED will NO LONGER consider any appeals.*

*For more information on APP please visit our website*



### **Franklin Middle School APP Fitness Test Dates:**

**Monday October 30, 2017  
Tuesday October 31, 2017**

**All testing will begin at  
3:15 PM in the  
FMS Fitness Center**

**Modified & Intramural sports participants  
DO NOT need to take the Athletic  
Placement Test**

**All student athletes MUST have a current  
physical on file to try out for any sport.  
Please see your school nurse to find out what  
paperwork you need to turn in. Forms can  
also be found on the district website  
[www.ktufsd.org](http://www.ktufsd.org)  
click on 'Athletics' and then  
'Athletic Information'**

**If you have any questions, please contact the  
Athletic Office at 871-3082**